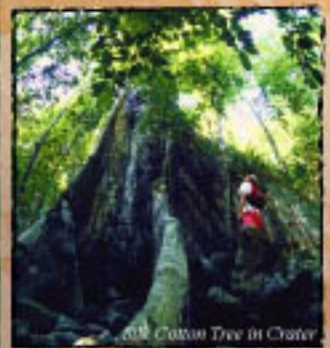


## Guidelines for hikers

We hope you enjoy your visit to the Quill National Park. To enhance your hiking tour and find out more about the geology, reptiles, amphibians, birds and flora of the Quill National Park, take a look at the information guides, brochures and posters that are on display and for sale at the Park's office. The trails will take you past many tropical trees and ferns. You may see the Red-Bellied Racer snake roaming through the undergrowth and the Antillean Iguana higher in trees. Our practical guidelines for the safety of hikers and protection of nature of the Quill National Park include:

1. Do not leave litter in the National Park. Keep all plastics and containers in your bags and deposit them in the waste disposal bins inside the gate of the Park's Office in Gallow's Bay.
2. Keep to the signposted pathways as the Quill slopes are prone to erosion and rock falls that are made worse by hikers when they leave the pathway. On the hike to the crater bottom, bear in mind that the trail makes U-turns around big trees and rocks.
3. Protect wildlife by keeping to the pathways – do not touch or remove plants, trees or animals.
4. Fires are not permitted at any site in the National Park.
5. The trails that are graded as difficult are prone to rock falls and are not routinely maintained. It is advisable to organise a guide when intending to take these trails to avoid taking the wrong route or falling down on unstable slopes.
6. Take at least one large water bottle per hiker as it is hot and humid on the climb to the crater rim. Sturdy shoes and a sunhat are also recommended.
7. Poisonous animals in the Quill National Park are limited to the colourful centipedes, small scorpions, bees and wasps. These animals will not sting you if left undisturbed, particularly centipedes and scorpions which are found under rotting wood or near termite nests. We recommend carrying epi-pens and anti-histamines if hikers are sensitive to stings.

Please report any incidents or recommendations to the Park's office in Gallow's Bay. Remember to purchase the annual trail tag which supports trail maintenance and management costs.



Cotton Tree in Crater



View from Mazinga Peak



## Trails in the Quill National Park.

### QUILL TRAIL

**Difficulty:** Moderate  
**Duration:** 75 mins round-trip  
**Distance:** 1.6 km one-way  
**Trail condition:** Well maintained

This main entrance trail starts from the top of Rosemary Lane and takes you to the crater's rim. During the climb, hikers encounter large numbers of Soldier Crabs, ground lizards and Red-Bellied Racer snakes. Halfway up the trail is an intersection to the 'Around the Mountain' trail.

### CRATER TRAIL

**Difficulty:** Difficult  
**Duration:** 60 mins round-trip  
**Distance:** 0.6 km one-way  
**Trail condition:** Steep trail, slippery

This very steep trail takes hikers to the crater bottom. The trail then continues across a fairly flat area past large Silk Cotton trees and then divides into a loop past some interesting rock formations.

### PANORAMA POINT TRAIL

**Difficulty:** Difficult  
**Duration:** 40 mins round-trip  
**Distance:** 0.4 km one-way  
**Trail condition:** Very rough and steep trail

This relatively short but very steep trail takes you up to the highest point on the north side of the rim. On the top, hikers are rewarded with a clear view of the crater and an impressive view of Statia and Saba. On clear days or during early morning, St Maarten and St Barth's can be seen in the distance.

### MAZINGA TRAIL

**Difficulty:** Difficult  
**Duration:** 120 mins round-trip  
**Distance:** 1.2 km one-way  
**Trail condition:** Rough terrain, some climbing required

This hike along the crater rim takes hikers to the highest point of Statia (600m). Keep an eye out for the different bromeliads and orchid species in cracks between rocks. During your hike, you will have spectacular views of Oranjestad, St Kitts and Nevis and a bird's eye view over the Botanical Garden.

### BIRD TRAIL

**Difficulty:** Easy  
**Duration:** 20 mins round-trip  
**Distance:** 0.3 km one-way  
**Trail condition:** Well maintained

This short trail takes you through the preserved woodland above the Botanical Garden. The Southern trail climbs up to about 250m above White Wall with fantastic viewpoints towards St Kitts. The North side is at least used and often a little overgrown. Look out for the Red-Bellied Racers, 'fields' of bromeliads and orchids along the way.

### AROUND THE MOUNTAIN TRAIL

**Difficulty:** Moderate  
**Duration:** 4 hrs around the Quill  
**Distance:** 4.5 km circular  
**Trail condition:** Narrow paths

Hikers can choose to take the North or South sections of this trail, both meeting at the Botanical Garden. The Southern trail climbs up to about 250m above White Wall with fantastic viewpoints towards St Kitts. The North side is at least used and often a little overgrown. Look out for the Red-Bellied Racers, 'fields' of bromeliads and orchids along the way.



View from Panorama Point